



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 It's <i>National Ice Cream Sandwich Day</i> . Ice cream sandwich's have been around since the early 1900s. Enjoy a cold ice cream sandwich especially on hot days.	3 Look online or in the newspaper for a list of seasonal events. Plan to attend one as a family this month.	4 It's <i>National Chocolate Chip Cookie Day</i> . Did you know that Americans eat on average 18,928 cookies in their lifetime. Eat lots and lots of Chocolate Chip Cookies today.	5 Tell your child about a time that you were nervous but then you did something brave.	6 Have your child draw and color a picture of their favorite summertime activity.	7 Show your child how to clean dirty pennies with ketchup. Explain that this is a chemical reaction.	8 Include your child in preparing a healthy meal.
9 Play restaurant. Give your child your order and have him/her "write" it down on a notepad.	10 Figure out the average of something with your child, such as family members' ages.	11 Look for a TV program on science or history. Watch it with your child.	12 Fill a small bowl with water and sprinkle pepper over the top of the water. Have your child put dish soap on his/her fingertip and touch the water. Your child will be amazed!	13 Play Math Jeopardy. Say a number and see who can come up with a problem for which it is the answer.	14 Check out a poetry book from the library and choose some poems to read together.	15 Freeze fruit juices in ice cube trays to make popsicles. Enjoy them with your child
16 Go for a reading picnic with your child. Take some books, a snack and a blanket to sit on.	17 Hug your child for no reason other than loving him or her!	18 Have your child listen to difference types of music. Ask him/her to describe how it makes them feel.	19 Spend 30 minutes reading together today. Let your child pick the book you will read.	20 Make a list before you go to the grocery store. Then have your child help you read the list.	21 Together, write a rhyming poem that begins with "August is hot."	22 What is your child's favorite song? Sing it together!
23 Show your child the classified ads in the newspaper. Which jobs interest them?	24 Think of a meaningful quotation you love. Post it where your child will see it.	25 Keep a notebook handy when watching TV. Have your child jot down five new words. Look them up later.	26 It's <i>National Dog Day</i> ! This day is intended to honor dogs for all they do and to rescue dogs from homelessness and abuse.	27 How many words can your child think of that rhyme with "dog?"	28 Go for a short walk with your child today.	29 Play board game as a family this evening.
30 Place a sheet of paper in a box. Dip a marble in paint, drop it in the box and have your child roll it around.	31 Make a special effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .					